

HIRISE+ Resource Guide

About the Study: NORC at the University of Chicago is conducting a study on behalf of the National Institute of Justice. This study aims to understand LGBTQ+ individuals' experiences so we can better identify policy and procedural recommendations for law enforcement to increase hate crime reporting and in so doing better serve LGBTQ+ communities.

There are no risks in participating in this research beyond those experienced in everyday life. However, the study will require you to draw upon your experiences with and views of the police, types of peer and family support, experiences reporting hate crimes, and your experiences with discrimination and harassment.

Your participation is completely voluntary. You may leave the study at any time. If you find any of the topics of the study to be distressing, **please seek help from one of the following resources.**

If you do not feel that you can keep yourself safe or otherwise need immediate medical or mental health attention, please contact 911 or go to an emergency room immediately.

If you are distressed or feel that you need to speak to someone:

The [988 Suicide & Crisis Lifeline](#) is free and confidential. Call 1-800-273-8255 [Available 24/7].

The **VictimConnect Resource Center** provides resources and support via a weekday phone, chat, and text-based referral helpline for all victims of crime. Call 1-855-4-VICTIM (84-2846) or visit <https://victimconnect.org/get-help/victimconnect-chat/>.

For free & confidential LGBTQ+ peer-support, information, and local resources, call the **LGBT National Hotline** at 888-843-4564. Hours are Mon - Fri: 1 PM - 9 PM PST; Sat: 9 AM - 2 PM PST.

Additional resources are listed below:

Resource	Contact Information	About
Drug & Alcohol Treatment Hotline	1-800-662-HELP (4357)	This national helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.
National Alliance on Mental Illness (NAMI)	1-800-950-NAMI (6264)	This hotline provides a nation-wide peer-support service Monday-Friday 10AM – 6PM (Eastern), providing information, resource referrals and support to people living with mental health conditions, their family members and caregivers, mental health providers and the public.
The Trevor Project	1-866-488-7386	This hotline provides 24/7 support and help for LGBTQ youth and young adults.
Trans Lifeline (Transgender Youth)	1-877-656-8860	This hotline provides 24/7 support from a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.

For questions, please email the HIRISE+ research team at HIRISE@norc.org or call (877) 259-4308.

RAINN	800-656-HOPE (4673) https://www.rainn.org/resources	RAINN provides resources and 24/7 confidential support for people who are survivors of sexual assault and harassment.
National Domestic Violence Hotline	1-800-799-SAFE http://www.thehotline.org/	The National Domestic Violence Hotline provides 24/7 support via call, online chat, or text for survivors of domestic violence.

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